

Table 1: Raw data (Mean ± SD) of the four conditions for the three outcome measures examined in this study

	<u>Knee Shear Force (N)</u>		<u>Knee Adduction Moment (N.m)</u>		<u>A-P Tibia Translation (mm)</u>
	<u>Absolute (N)</u>	<u>Relative (N/kg)</u>	<u>Absolute (N.m)</u>	<u>Relative (N.m/kg)</u>	<u>Absolute (mm)</u>
Sand Level	11.5 ± 0.9	<u>0.17 ± 0.03</u>	13.0 ± 4.3	<u>0.19 ± 0.06</u>	11.8 ± 4.0
Ground Level	11.3 ± 1.4	<u>0.17 ± 0.04</u>	13.0 ± 4.0	<u>0.20 ± 0.06</u>	12.6 ± 3.7
Sand Height	13.2 ± 0.7	<u>0.20 ± 0.03</u>	14.8 ± 5.2	<u>0.22 ± 0.08</u>	14.3 ± 5.7
Ground Height	13.3 ± 0.9	<u>0.20 ± 0.04</u>	17.3 ± 5.9	<u>0.26 ± 0.09</u>	14.4 ± 5.6

SD: standard deviation; N: Newton; N.m: Newton Metres; A-P: anterior-posterior; mm: millimetres; kg: kilograms

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