Records identified through database searching, with duplicates removed (PubMed, EMBASE, MEDLINE, CINAHL) (n = 1040)

Additional records identified through other sources (n = 3)

Total abstracts screened (n = 1043)

Abstracts excluded

Did not meet inclusion criteria (n = 1026)

Full text articles screened (n = 17)

Records excluded

Did not meet inclusion criteria (n = 6)

Full-text articles assessed for eligibility (n = 11)

Full-text articles excluded, with reasons (n = 4)

Evaluated adherence to maintenance exercise (n = 1)
Included conditions other than COPD (n = 1)
Did not evaluate an exercise intervention (n = 2)

Studies included in review (n = 7)