Not approached: 33
- Discharged prior to approach: 3
- Already approached/screened: 2
- Already participating: 6
- Heavy Ethanol abuse: 1
- Reported language barrier: 4
- Research staff vacation: 5
- Research staff emergency: 7
- Study in transition (change in research staff): 5

Approached for consent to screen: 102

Did not consent to screening: 27*
- Language barriers: 27
- 3 were also deaf
(Usually family members declined screening)
*Due to the reasons for declining screening, these patients could also be considered ineligible

Consented to screening: 75

Not eligible: 8
- Recent participation in pulmonary rehabilitation: 3
- Pneumonia, unconfirmed COPD: 1
- Already participated: 1
- Extended airborne precautions: 1
- Heavy Ethanol abuse: 1
- No reason given: 1

Recruited: 33

Eligible to participate: 67

Active study participants: 31

Did not consent to screening: 27*
- Language barriers: 27
- 3 were also deaf
(Usually family members declined screening)
*Due to the reasons for declining screening, these patients could also be considered ineligible

Consented to screening: 75

Randomized: 31

Recruited: 33

Active study participants: 31

Control group: 16

Not notified: 135

Not eligible: 8
- Recent participation in pulmonary rehabilitation: 3
- Pneumonia, unconfirmed COPD: 1
- Already participated: 1
- Extended airborne precautions: 1
- Heavy Ethanol abuse: 1
- No reason given: 1

Eligible to participate: 67

Did not consent to screening: 27*
- Language barriers: 27
- 3 were also deaf
(Usually family members declined screening)
*Due to the reasons for declining screening, these patients could also be considered ineligible

Consented to screening: 75

Randomized: 31

Intervention group: 15

Participated in intervention session 1 = 15 (100%)
Participated in intervention session 2 = 15 (100%)
Completed final measures = 15 (100%)

Control group: 16

Dropped out: 3 (18.75%)
Completed final measure = 13 (81.25%)