

Table 4: Quality assessment of included summaries

	Brotto & Heiman, 2007	Chambers et al, 2012	Eyles et al, 2015	Hoffman et al, 2012	Dobkin, 2008	Mackenzie et al, 2005
Was there a clear statement of the aims of the research?	Unsure	Yes	Yes	Yes	Yes	Yes
Is a qualitative methodology appropriate?	Unsure	Yes	Yes	Yes	Yes	Yes
Was the research design appropriate to address the aims of the research?	Yes	Yes	Yes	Yes	Yes	Yes
Was the recruitment strategy appropriate to the aims of the research?	Unsure	Yes	Yes	Yes	Yes	Yes
Was the data collected in a way that addressed the research issue?	Unsure	Yes	Yes	Yes	Yes	Yes
Has the relationship between researcher and participants been adequately considered?	No	Unsure	Yes	Yes	Yes	Yes
Have ethical issues been taken into consideration?	No	Unsure	Yes	Yes	Unsure	Yes
Was the data analysis sufficiently rigorous?	No	Yes	Yes	Yes	Yes	Yes
Is there a clear statement of findings?	Yes	Yes	Yes	Yes	Yes	Yes
How Valuable is the research?	Low value	Valuable	Valuable	Valuable	Valuable	Valuable
Level of quality?	LOW	HIGH	HIGH	HIGH	HIGH	HIGH