

Figure 2. Effects of repeated-sprint training on counter-movement jump performance in non-controlled trials. CL confidence limits

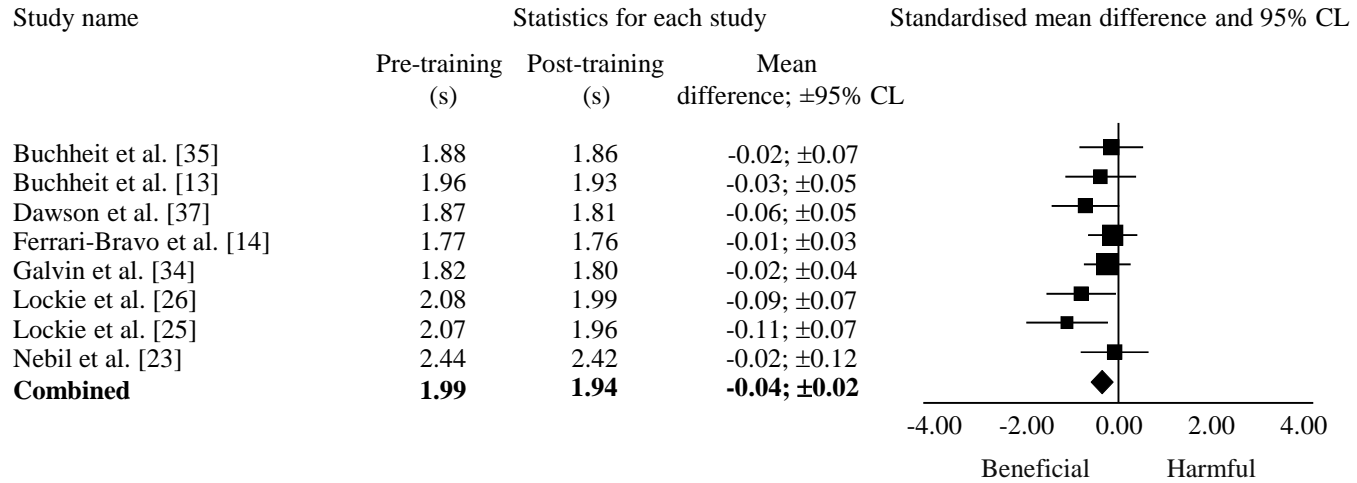


Figure 3. Effects of repeated-sprint training on 10 m sprint performance in non-controlled trials. CL confidence limits

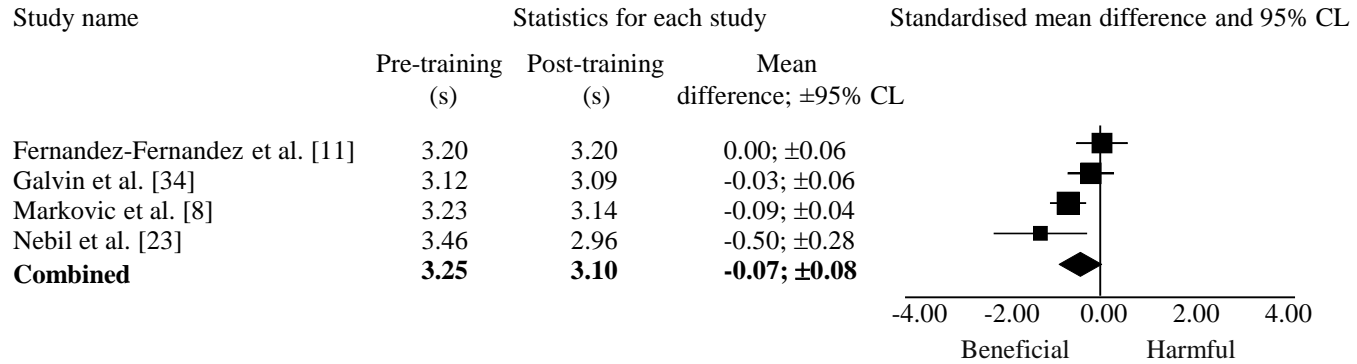


Figure 4. Effects of repeated-sprint training on 20 m sprint performance in non-controlled trials. CL confidence limits

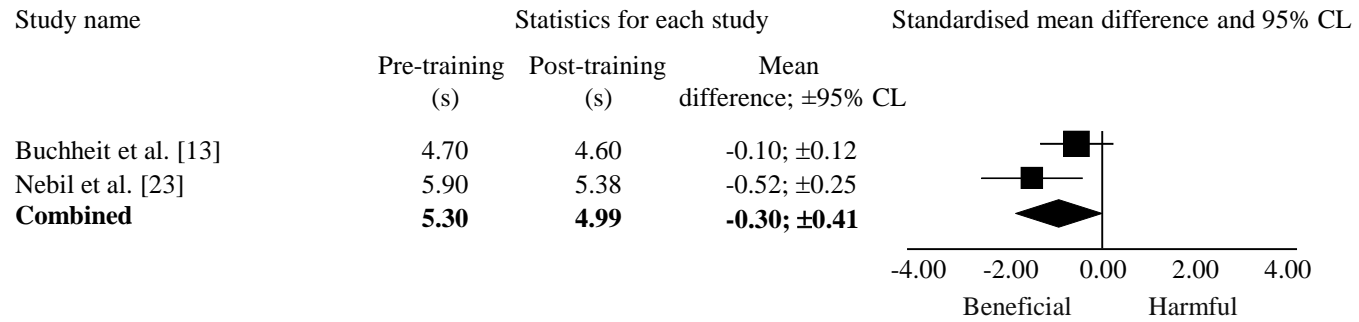


Figure 5. Effects of repeated-sprint training on 30 m sprint performance in non-controlled trials. CL confidence limits

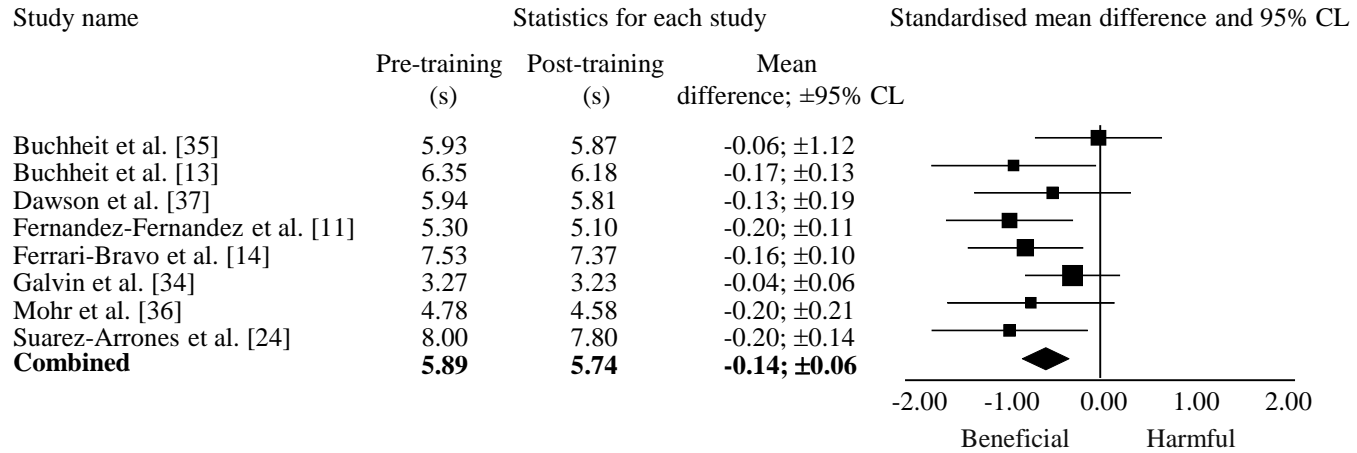


Figure 6. Effects of repeated-sprint training on repeated-sprint ability in non-controlled trials. CL confidence limits

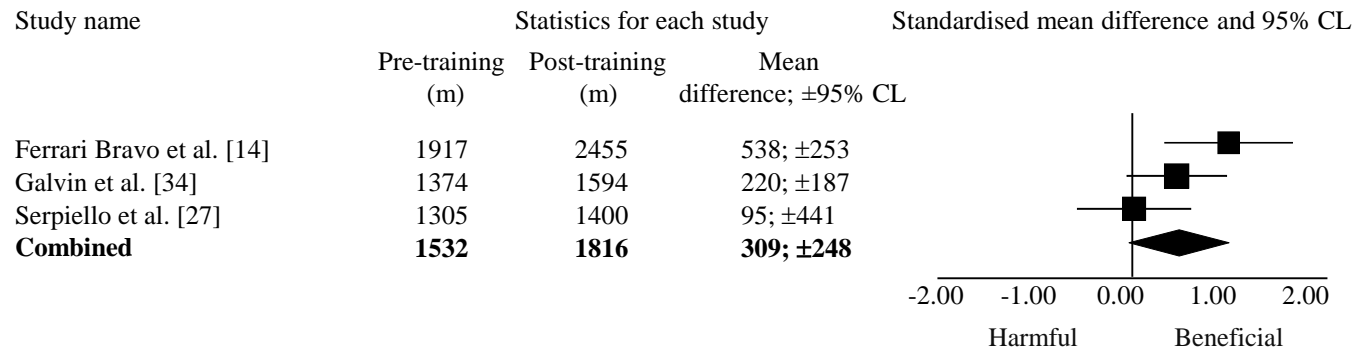


Figure 7. Effects of repeated-sprint training on high-intensity intermittent running performance in non-controlled trials. CL confidence limits