

Table 1: Themes and Sub-themes

1. Women's Weight
a. Previous Experience of Weight Management
b. Weight Awareness
2. Women's Families
a. Motivation
b. Support
3. Women's Experience of Negativity
a. Assumptions
b. Explaining or Defending their Weight
c. Previous Negative Experiences with Health Care Professionals Relating to Obesity
d. Defining Obesity
4. Women's Priorities and Desired Outcomes
a. Weight and Dietary Related Outcomes
b. Maternal Health and the Impact on Children