





Fig 2. Graph (visual summary of Table 2) detailing breakdown of risk of study bias, stratified by risk category. (Risk of bias determined using Cochrane guidelines²⁹)

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Baillot et al., 2016	+	?	+	+	+	-	+
Burtscher et al., 2009	+	-	+	+	+	+	+
Church et al., 2009	+	?	+	+	+	+	+
Dalager et al., 2016	+	?	+	+	-	+	+
Donges et al., 2010	-	-	+	+	+	+	+
Donnelly et al., 2013	+	+	+	+	?	+	+
Lockwood et al., 2008	+	-	+	+	?	+	+
Prabhakaran et al., 1999	+	-	+	+	+	+	+
Schmitz et al., 2002	+	?	+	+	+	+	+
Tan et al., 2012	+	-	+	+	+	+	+
Teixera et al., 2003	+	-	+	+	+	+	+
Vilela et al., 2015	+	?	+	+	+	+	+

Fig 3. Graph detailing breakdown of risk of study bias, stratified by study and specific risk factor