

Mark Sewart
Academic
SHLS Nursing & Midwifery
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Employment

Lecturer (Mental Health)

Academic
SHLS Nursing & Midwifery
Teesside University
3 Jan 2022 → present

2017-2022 Mental Health Nursing Officer British Army
2015-2017 Community Mental Health Nurse MOD
2013-2015 Senior Lecturer & Research Fellow, Anglia Ruskin University
2004-2013 Mental Health Nursing Officer RAF - Senior Lecturer Birmingham City Univ.
1997-2004 Nursing Officer British Army

Biography

Mark qualified as an RGN in 1992 and joined the Regular Army, having been a Territorial officer, in 1997. He thereafter worked as an Operating Theatre Charge Nurse in the UK and on deployed operations until he undertook the BMedSci (Hons) course at Sheffield University and qualified as an RN(Mental Health) in 2002. After transferring to the RAF in 2004, he qualified as a Flight Nursing Officer and gained an MSc in War & Psychiatry from Kings College London in 2009, all whilst serving as Officer Commanding of the Department of Community Mental Health, RAF Brize Norton.

For the last three years of his service Mark was a Senior Lecturer at the Defence School of Healthcare Education, where he achieved Registered Nurse Teacher status and gained a further Masters degree in Education.

On leaving the RAF, Mark was appointed to a Senior Lecturer's post at Anglia Ruskin University, where he completed the development of and subsequently launched and ran their innovative online MSc in Military Veterans and Families Studies. He was a founding member and Research Fellow of ARU's Veterans and Families Institute.

Mark rejoined the Army in 2017 and worked in community mental health, latterly as a Cognitive Processing Therapist specialising in military combat trauma and PTSD.

Mark's PhD study is looking in detail at the authentic, personal experiences of military families as reported by the families themselves, through narrative biography.

Qualifications

PhD, Understanding the Experiences of Military Families, Northumbria University

Award Date: 23 May 2023

Master, Education, Birmingham City University

Award Date: 12 Dec 2013

Master, Science, War & Psychiatry, King's College London

Award Date: 1 Dec 2009

Bachelor, Nursing Studies (Mental Health), University of Sheffield

Award Date: 10 Mar 2003

DipHE in Military Nursing, University of Portsmouth

Award Date: 21 Jun 2000

Registered General Nurse

Award Date: 12 Oct 1992