

Jo Smith
School of Health & Life Sciences



Qualifications

Master, Teesside University
1 Oct 2005 → 30 Jun 2008
Award Date: 30 Jun 2008

Bachelor, Leeds Metropolitan University
1 Oct 1993 → 30 Jun 1998
Award Date: 30 Jun 1997

PhD, Teesside University
6 Dec 2021 → ...

Employment

Doctor of Philosophy, PhD Nutrition

Doctor of Philosophy, Developing, implementing and evaluating a co-created intervention to address food insecurity in adults with Severe Mental Illness
School of Health & Life Sciences
Teesside University
6 Dec 2021 → present

Consultant Dietitian (Clinical Academic)

Tees Esk and Wear Valleys NHS Foundation Trust
United Kingdom
1 Jan 2020 → present

Project Manager for the Implementation of "A Weight off Your Mind"

Tees Esk and Wear Valleys NHS Foundation Trust
United Kingdom
1 Jun 2016 → 31 Dec 2019

External Clinical Advisor

Parliamentary and Health Service Ombudsman
United Kingdom
1 Sep 2013 → 31 Oct 2016

Professional Head of Dietetic Services

Tees Esk and Wear Valleys NHS Foundation Trust
United Kingdom
1 May 2010 → 31 Dec 2019

Clinical Lead Dietitian

Tees Esk and Wear Valleys NHS Foundation Trust
United Kingdom
1 Jul 2008 → 30 Apr 2010

Specialist Dietitian for Forensics and CYPS Eating Disorders

Tees Esk and Wear Valleys NHS Foundation Trust
United Kingdom

1 Feb 2008 → 30 Jun 2008

Specialist Dietitian for Forensic Learning Disabilities

Middlesbrough, Redcar and Cleveland Community Services
United Kingdom

1 Mar 2003 → 31 Jan 2008

Senior Dietitian for Mental Health

Redcar and Cleveland Primary Care Trust
United Kingdom

1 Apr 1998 → 31 Jan 2002

Basic Grade Dietitian (Rotation)

Sunderland Royal Hospital
United Kingdom

1 Jul 1997 → 31 Mar 1998

Prizes

Best Overall Student MSc Evidence Based Practice

Smith, Jo (Recipient), 30 Jun 2008

NHS England Chief Allied Health Professions Officer's AHP Public Health Champion Award 2019

Smith, Jo (Recipient), 17 Jul 2019

Press/Media

Funding will support evaluation of weight management programme for mental health service users

Jo Smith

5/03/21

1 Media contribution

Mental Health: The ambulance workers feeding callers

Joanne Smith

2/09/21

1 Media contribution

Projects

A Weight off Your Mind: Assessing staff views, and engagement with, weight management groups, as part of a lifestyle intervention delivered in two Specialist Mental Health and Learning Disabilities NHS Trusts in England (Pilot Study 2020)

Pakunwanich, N., Smith, J., Bussey, L. & Giles, E.

13/07/20 → 28/08/20

Food Insecurity in Adults with Severe Mental Illness (SMI): A Systematic Review

Smith, J., Stevens, H., Lake, A. & Giles, E.

23/11/20 → 31/03/22

Investigating treat-culture in a secure care service: A survey of inpatient staff on their views and opinions on weight gain and treat giving for patients in a secure mental health and learning disability forensic service

Attala, A., Smith, J., Lake, A. & Giles, E.

1/04/20 → 31/03/21

NIHR ARC NENC: An evaluation of the impact of 'A Weight off Your Mind' through the development of a Nutrition and BMI Clinical Link Pathway in Mental Health and Learning Disability Inpatient Services

Stevens, H., Smith, J., Bussey, L., McGeechan, G. & Giles, E.

1/02/21 → 31/01/22

NIHR Research for Patient Benefit - Mental Health in the North: A mixed methods study using co-production to explore food insecurity in adults with Severe Mental Illness living in Northern England

Smith, J., Giles, E., McGeechan, G., Eskandari, F., Scott, S., Whittaker, V. & Lake, A.

27/09/21 → 26/03/23

Systematic Review of Energy Drinks and Mental Health in Children and Young People

Van Griethuysen, A., Visram, S., Smith, J. & Lake, A.

1/04/21 → 31/03/22

UKRI/ESRC PPI on a project exploring altered eating in women in secure mental health - exploring the relationship with food in an institutionalised setting

Campbell, M., Burges Watson, D., Deary, V., Smith, J. & Carr, M.

ESRC Closing the GAP Network via York University

17/07/21 → 31/03/22

Student theses