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Employment

Lecturer in Biomechanics & Strength Conditioning

Academic
SHLS Life Sciences
Teesside University
1 Sep 2019 → present

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1 Jan 2019 → present

Research outputs

Motion tracking in young male football players: a preliminary study of within-session movement reliability

Laas, M-M., Wright, M., McLaren, S., Eaves, D., Parkin, G. & Portas, M., 2 Mar 2020, In : Science and Medicine in Football.

Differential ratings of perceived match and training exertion in youth female soccer: Differential RPE in girls soccer

Wright, M., Songane, F., Emmonds, S., Chesterton, P., Weston, M. & McLaren, S., 6 Jan 2020, (Accepted/In press) In : International Journal of Sports Physiology and Performance.

The effectiveness of hydrodistension and physiotherapy following previously failed conservative management of Frozen Shoulder in a UK Primary Care Centre

Rae, G., Clark, J., Wright, M. & Chesterton, P., 17 Dec 2019, In : Musculoskeletal Care.

Application and interpretation of the yo-yo intermittent recovery test to the long-term physical development of girls association football players

Wright, M. & Innerd, A., 2 Oct 2019, In : Science and Medicine in Football. 3, 4, p. 297-306 10 p.

Does the playground environment matter? Physical activity levels of 5 to 11 year olds in the school playground - an observational case study

Graham, M., Batterham, A., Azevedo, L., Wright, M. & Innerd, A., 2019, (In preparation).

The effect of fundamental movement skill interventions on moderate to vigorous physical activity levels in 5 to 11 year olds: a systematic review and meta-analysis

Graham, M., Azevedo, L., Wright, M. & Innerd, A., 2019, (In preparation).

Functional Movement Screen™ total score does not present a gestalt measure of movement quality in youth athletes.

Wright, M. & Chesterton, P., 24 Dec 2018, In : Journal of Sports Sciences.

Changes in pain and nutritional intake modulate ultra-running performance: a case report

Best, R., Barwick, B., Best, A., Berger, N., Harrison, C., Wright, M. & Sparrow, J., 4 Oct 2018, In : Sports. 6, 4, p. 111

Changes in sprint-related outcomes during a period of systematic training in a girls' soccer academy

Wright, M. & Atkinson, G., 8 Jun 2017, In : Journal of Strength and Conditioning Research. p. -

The effect of a simulated soccer match on Anterior Cruciate Ligament injury risk factors

Wright, M., Chesterton, P., O'Rourke, A., Wijnbergen, M. & MacPherson, T., 2 Jun 2017, In : International Journal of Sports Medicine. p. -

Strength training and metabolic conditioning for female youth and adolescent soccer players

Wright, M., Apr 2016, In : Strength and Conditioning Journal. p. -

Contrasting effects of a mixed-methods high-intensity interval training intervention in girl football players

Wright, M., Hurst, C. & Taylor, J., 16 Feb 2016, In : Journal of Sports Sciences. p. -

Neuromuscular training for return to play

Wright, M. & Weston, M., 2014, In : Professional Strength and Conditioning Journal. p. -

The effectiveness of four weeks of fundamental movement training on Functional Movement Screen™ and physiological performance in physically active children.

Wright, M., Portas, M., Evans, V. & Weston, M., 2014, In : Journal of Strength and Conditioning Research. 29, 1, p. 254-261

Within-season variation of fitness in elite youth female soccer players

Taylor, J., Portas, M. D., Wright, M. D., Hurst, C. & Weston, M., 2013, In : Journal of Athletic Enhancement.